

10 Reasons You Should Try Bicycle Commuting

- Conserves Resources
- Non-Polluting
- Inexpensive
- Relieves Congestion
- No Parking Expenses
- Save Time by Combining Exercise with Commuting
- Arrive at Work Invigorated
- Every Seat is a Window Seat
- Experience Nature Healthy!



Source: The League of American Bicyclists



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Try Biking Today



Some Transportation Facts

- Fifty percent of U.S. urban space is devoted to roadways.
- Auto emissions are the top cause of air pollution.
- Fifty-four percent of Americans live less than five miles from their jobs, a distance easily traveled by bicycle.
- Twenty percent of our disposable income is spent on transportation.
- Drivers work one day per week just to pay for driving expenses (car, insurance, gas, parking, etc.).
- A 10-mile commute by bicycle requires 350 calories of energy. The same trip in an average American car requires 18,600 calories of energy (about a half a gallon of gasoline); 9,200 calories by bus, 8,850 by rail, and 1,000 by foot.
- Motorists could save an average of 150 gallons of gasoline each year if they biked to public transit facilities instead of driving.
- Twelve bicycles can be parked in the space of one car.
- Twelve lanes of a bridge or city street are needed to accommodate 40,000 autos per hour. Only 1 lane is needed to accommodate 40,000 cyclists/hour.

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